



**London Borough
of Tower Hamlets**

**Adapting
Your Home:
A guide for
disabled people**

What is an adaptation?

An adaptation is a change made to your home to make activities easier for disabled people or their carers.

Adaptations may be provided to improve safety, help you be more independent or make it easier to get around your home.

Examples of adaptations:

- Grab rails
- A second banister
- Ramps
- Widened doorways
- Door entry systems
- Stair lifts
- Walk-in showers
- Extensions

Will I get help?

To receive assistance with adapting your home, you must be:

- A permanent resident of Tower Hamlets
and
- Permanently and substantially disabled
and
- Meet the eligibility criteria.

Following an assessment by an occupational therapist, adaptations may be recommended to meet your needs.

A Guide for Disabled People living in Tower Hamlets



What happens next?

Minor adaptations

Grab rails and stair rails are often fitted free of charge by Tower Hamlets' Community Equipment Service. If you are a Housing Association tenant, your landlord may do this.

Major adaptations

More complex work or adaptations costing over £1000 will be provided depending on who owns your property.

Council residents

Once the occupational therapist has made a recommendation, the Housing department will usually arrange and pay for the work to be carried out.

Owner Occupiers or Privately Renting

If you live in a private home, you can apply for a Disabled Facilities Grant (DFG). This will be means-tested and you may be asked to pay a contribution towards the cost.

Housing Associations

If you live in a Housing Association property, your landlord may pay for the adaptation. Alternatively the Association may apply for a DFG.

How long will it take?

This will depend on who owns your property and the extent of the work. Your occupational therapist will provide support throughout the process.

How do I get started?

If you believe you need an adaptation to your home, please contact:

Occupational Therapy

Early Intervention Team

Tel: 020 7364 5948

Fax: 020 7364 5655

The service is open from:

9.00am – 5.00pm Monday to Friday

Alternatively, contact us by post:

Community Occupational Therapy Service

Adults Health and Wellbeing Directorate

1 Gladstone Place

Roman Road

London E3 5EU

Or email us at:

occupationaltherapy@towerhamlets.gov.uk

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**For more information about Disabled Facilities
Grants please contact:**

Private Housing Improvement Team (PHIT)
Mulberry Place (AH)
PO Box 55739
5 Clove Crescent
London
E14 1BY
Tel: 020 7364 2531



A Guide for Disabled People living in Tower Hamlets

Translations

This information is also available in Bengali, Somali, Chinese and Vietnamese. It can be translated into other languages, in large print and Braille. An audio version may also be available on request in the user's own community language. Please call the Interpreting and Translation Team on 020 7364 2282 or email interpreting@towerhamlets.gov.uk.

এই তথ্যাবলী বাংলায় অনুবাদ সহকারে, বড় ছাপার মাঝে এবং অন্ধদের পড়বার জন্য বিশেষ প্রণালীতেও পাওয়া যাচ্ছে। ব্যবহারকারী অনুরোধ করলে হয়ত তাদের নিজস্ব কমিউনিটির ভাষায় অডিও(কাসেট/সিডি) ইত্যাদিতেও পাওয়া যাবে।
দয়াকরে ফোন করুন ইন্টারপ্রেটার ও অনুবাদের টীমকে 020 7364 2282 এই নাম্বারে অথবা ইমেইল করুন interpreting@towerhamlets.gov.uk

Wararkani waxay diyaar ku yihiin iyaga oo ku qoran af-Soomaali, iyo iyaga oo ku daabacan farta waaweyn iyo iyaga oo ku xardhan farta dadka indhaha la'. Waxa laga yaabaa in la helo wararkan oo cagalad ku duuban qofka afkiisa ah haddii uu soo codsado. Fadlan kala hadal kooxda af-celinta telifoonkan 020 7364 2282 ama kala xidhiidh barta internetka interpreting@towerhamlets.gov.uk

我們備有這些資料的中文譯本，大字體版和凸字版。如有要求，我們亦可以提供以中文錄音的版本。請致電傳譯及翻譯組，電話 020 7364 2282，或寄電子郵件到 interpreting@towerhamlets.gov.uk

Tin tức này có dịch ra tiếng Việt, bằng chữ in lớn và chữ nổi cho người mù (Braille). Một băng au-dio cũng có thể có sẵn bằng chính ngôn ngữ của người sử dụng nếu yêu cầu. Xin gọi Toán Thông Dịch và Phiên Dịch số 020 7364 2282 hay e-mail interpreting@towerhamlets.gov.uk.